

COVID-19: Which box fits my situation?

Learn what to do:



PERSON WITH SYMPTOMS OF COVID-19: *A person with the following symptoms.*

ONE of the following: fever, cough, difficulty breathing, or new loss of smell or taste,
-or-

TWO of the following: sore throat, nausea, diarrhea, vomiting, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.

Instructions:

- Go home
- Call Doctor
- Get a COVID test.
- Stay home while waiting for results of your test.

*(*If it is negative, you may return to work 24 hours after your symptoms resolve. If you continue to have symptoms and a doctor diagnoses you with COVID-19, even with a negative test, isolate for 10 days.)*

HOUSEHOLD MEMBERS OF PERSON WITH SYMPTOMS OF COVID-19:

Instructions:

- Go home
- Stay home until person with symptoms of COVID-19 gets test results.

*(*If that test result is positive, you must quarantine at home for 14 days. If that test result is negative, you may return to work or school.)*

PERSON ONE: *Tests positive for COVID-19.*

Instructions: Isolate in a room in your house away from family members for 10 days from the date symptoms started, or date of test if you're asymptomatic.

- Do not leave your house.

Household members of PERSON ONE: *Anyone who lives in the same house as Person One.*

Instructions: Quarantine at home for 14 days from your last close contact with Person One.

- Do not go to work or school.
- Do not leave your house.
- If you develop symptoms, get tested for COVID-19.

*(*If your test results are positive: you become a Person One - follow those directions. If your test results are negative, you must continue to quarantine for the full 14 days. You cannot test out of quarantine.)*

Close Contact of PERSON ONE: *Someone who has been closer than 6 feet for 15 minutes or longer to a person who tests positive.*

Instructions: Quarantine at home for 14 days from your last close contact with Person One.

- Do not go to work or school.
- Do not leave your house.
- If symptoms develop, get tested for COVID-19.

*(*If your test results are positive: you become a Person One - follow those directions. If your test results are negative, you must continue to quarantine for the full 14 days, as the virus could be incubating inside of you.)*

Non-Close Contact of PERSON ONE: *Someone who has had contact with Person One, but who has not been within 6 feet of Person One for 15 minutes.*

Instructions:

- Continue working and leaving home.
- Continue normal COVID-19 symptom-monitoring, social-distancing and masking in public.

Anyone else: *A contact of a contact; anyone who does not fit any of the other boxes on this page.*

Instructions:

- Continue working and leaving home.
- Continue normal COVID-19 symptom-monitoring, social-distancing and masking in public.

Someone you came in contact with tested positive for COVID-19. **Now what?**



**Call to
Learn
More**

Renville County Public Health:
320-523-2570
(M-F 8:00a.m. - 4:30p.m.)

MN Department of Health Hotline:
651-297-1304 or 1-800-657-3504
(M-F 9:00a.m. - 4:00p.m.)